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**ALUMNAE PANHELLENIC**

**2024**

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THE PANHELLENIC CREED

WE, THE UNDERGRADUATE MEMBERS of women’s fraternities, stand for good scholarship, for guarding of good health, for maintenance of fine standards, and for serving, to the best of our ability, our college community: Cooperation for furthering fraternity life, in harmony with its best possibilities, is the ideal that shall guide our fraternity activities.

WE, THE FRATERNITY WOMEN OF AMERICA, stand for service through the development of character inspired by the close contact and deep friendship of individual fraternity and Panhellenic life. The opportunity for wide and wise human service, through mutual respect and helpfulness, is the tenet by which we strive to live.

**NATIONAL PANHELLENIC CONFERENCE SORORITIES**

NAME

**Alpha Chi Omega**

Alpha Delta Pi

**Alpha Gamma Delta**

Alpha Epsilon Phi

Alpha Omicron Pi

Alpha Phi

Alpha Sigma Alpha

Alpha Sigma Tau

Alpha Xi Delta

**Chi Omega**

**Delta Delta Delta**

**Delta Gamma**

Delta Phi Epsilon

GREEK

**A B Γ Δ E Z H Θ**

Alpha Beta Gamma Delta Epsilon Zeta Eta Theta

*al-fah bay-tah gam-ah del-tah ep-si-lon zay-tah ay-tah thay-tah*

**I K Λ M N Ξ O Π**

Iota Kappa Lambda Mu Nu Xi Omicron Pi

*eye-o-tah cap-ah lamb-dah mew new zzEYE omm-u-cron pie*

**P Σ T Υ Ψ X Ψ Ω**

Rho Sigma Tau Upsilon Phi Chi Psi Omega

*roe sig-mah taw oop-si-lon fie kEYE sigh o-may-gah*

LETTERS

AXΩ

AΔΠ

AΓΔ

AEΦ

AOΠ

AΦ

AΣA

AΣT

AΞΔ

XΩ

ΔΔΔ

ΔΓ

ΔΦE

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NAME

Delta Zeta

Gamma Phi Beta

**Kappa Alpha Theta**

**Kappa Delta**

**Kappa Kappa Gamma**

**Phi Mu**

Phi Sigma Sigma

**Pi Beta Phi**

Sigma Delta Tau

Sigma Kappa

Sigma Sigma Sigma

Theta Phi Alpha

**Zeta Tau Alpha**

GREEK

LETTERS

ΔZ

ΓΦB

KAΘ

KΔ

KKΓ

ΦM

ΦΣΣ

ΠBΦ

ΣΔT

ΣK

ΣΣΣ

ΘΦA

ZTA

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**$$ MONEY $$ MONEY $$ MONEY**

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- 8-

The following comparison of costs is available for your information. Any specific costs will need to be obtained from the college Panhellenic office; this information is to serve as a guide only. Several definitions are included for clarification.

Average New Member Year Dues

Average Active Year Dues

Average Room / Board (Dorm)

Average Room / Board (House)

Average Room / Board (Apartment)

Dues and House Fees

Dues cover National Sorority dues, local Panhellenic sorority dues, and expenses of local chapter such as social events, recruitment, and philanthropic events.

House Fees are used for the upkeep of those areas in the house used by the chapter as a whole. This portion is not applicable if members reside in-house on campus as this is then covered under room and board. These fees may apply even if the chapter does not reside in a house.

Financial bills to the sorority can include any or all of the following:

Activity Fund

Parties/T-shirts

New Member Fee

Initiation Fee

Sorority Pin

Big Sister/Little Sister Gifts

Dues

House Fees

Event Pictures

National Dues

Liability Insurance

Expenses will vary campus to campus and sorority to sorority.

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**GREEK TERMINOLOGY**

ACTIVE – an initiated member of a sorority in college.

ALUMNA – a sorority/fraternity member no longer in college.

ALUMNAE – plural form of alumna.

ALUMNAE PANHELLENIC – an area organization of alumnae of National Panhellenic Conference (NPC) member group sororities.

BID – an invitation to a prospective new member to join a sorority. This comes at the end of Recruitment Week or during Open Recruitment.

BID CARD – recruitment membership acceptance binding agreement.

BID DAY – the final day of formal recruitment when the potential new member receives an invitation to join a chapter.

CHAPTER – an individual sorority group on a particular campus.

COLLEGE PANHELLENIC – the cooperative college organization of women’s NPC member sororities.

CONTINUOUS OPEN BIDDING/OPEN RECRUITMENT – informal recruitment that continues through the year after formal recruitment.

DEFERRED RECRUITMENT – spring recruitment.

FORMAL RECRUITMENT – the week or two weeks in which sorority recruitment parties are held at the school.

INITIATION – the formal ritual ceremony a new member goes through to become a true member of the sorority.

LEGACY – a girl whose grandmother, mother, and/or sisters have been a member of a certain sorority is known as a “legacy” to that sorority.

LETTERS – greek initials that stand for the sorority’s Greek name.

MEMBER – a girl who has joined a sorority.

NEW MEMBER – one who has been accepted as a probationary member of a sorority. After a period of training in the history, ideals and traditions of the organization and after earning a designated grade average, she may be initiated.

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PANHELLENIC – meaning “all Greek” – an organization composed of representatives from all the different national sororities.

PHILANTHROPY – a charitable project to raise money and awareness for a particular cause sponsored by a chapter on campus.

POTENTIAL NEW MEMBER – anyone going through sorority recruitment.

PREFERENCE – the order of prospective new member’s choices of which sorority to join; also called PREF.

PROSPECTIVE NEW MEMBER (PNM) – a high school graduate or college student who is eligible for recruitment at a college which has national sororities.

QUOTA – the maximum number of prospective new members a sorority may obtain set by Panhellenic.

RECOMMENDATION/REFERENCE – alumnae members of each sorority may send information in the form of a recommendation or a reference to their groups. Many sororities require a recommendation or reference before a prospective member may join; also called a REC or a REF.

RECRUITMENT WEEK – the period before pledging, characterized by a series of parties. Method by which sororities supplement their membership.

RECRUITMENT COUNSELOR – a member of a sorority who disaffiliates during recruitment and assists PNMs through the recruitment process.

SILENCE – the rule during recruitment that forbids prospective new members to talk with anyone except other prospective new members except at specified Panhellenic Recruitment Parties.

SISTERS – what sorority members call one another.

STANDARDS – sorority rules of conduct enforced by the Standards Committee.

STUDY HALL – the place where new members spend 10-14 hours a week; the sorority’s method of enduring that new members study so they will make the minimum grades required for initiation.

SUICIDING – putting only one sorority on a prospective new member’s final PREF card.

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SUPPORT LETTER – an optional letter that is provided in addition to the recommendation/reference.

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**RECRUITMENT TIPS**

1. Develop or improve your self confidence. Remember, recruitment is marketing yourself.
2. Personal presentation is an important part of recruitment. Be aware of the benefits of good health and exercise to insure you are physically at your best.
3. Your clothes for recruitment should fit into your personal style while expressing a poised polished image.
4. Get lots of sleep!!!
5. Learn how to start a conversation by asking open-ended questions-ones that cannot be answered with a simple yes or no.
6. Have genuine and honest conversations.
7. **DO** talk about summer vacations, college sports you enjoy, your major, where you are from, hobbies and interests, where you are living, or even the weather.
8. **DON’T** talk about other sororities, who you know in sororities, boyfriends, politics, fraternities, religion, or other controversial subjects.
9. Be interested and ask questions of the sorority members during recruitment.
10. **SMILE!** Your smile is the most important thing you wear every day during recruitment.
11. BE YOURSELF.
12. Attend pre-recruitment functions if applicable.
13. Be open-minded and friendly to all sororities.
14. Let good taste and good manners guide your conduct during recruitment.
15. Avoid pressure from people you know; choose the place that’s the best fit for you.
16. Most forms of social networking (i.e., Facebook, Twitter, Instagram, etc.) are accessible to others, including sorority members – you can be certain they will be checking and looking!

**MOST IMPORTANT – Do not** decide **BEFORE RECRUITMENT** which sorority you want to join. All sororities have much to offer and you can’t learn everything about them until you have gone through recruitment. Only then can you select the sorority in which **YOU** feel the most comfortable. Remember, your decision is for a lifetime!

An Important Word for Parents

As tempting as it may be, any gift (flowers, baked goods, etc) delivered to the chapter in support of a particular potential new member is not considered during membership selection and will not increase the PNM’s chance at receiving a bid.

Let your daughter's decision be her own. She is the one who will have these women as her sorority sisters for a lifetime.

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**RECRUITMENT PICTURES**

Two poses may be submitted with Information Form. One picture can be a “head and shoulders” close-up. The second can be ¾ or full-length picture. (4” x 6” or wallet size only). On the back of your pictures, list the following information: your name, the name of your high school, the university you will or currently attend, your hometown city, and classification for next year (freshman, sophomore, etc.). Creating labels to stick on the back of the picture with this information is preferred and makes the process easier to complete.

The photos do not need to be taken by a professional, but they should be clear, flattering, and as close-up as possible. The pictures will be scanned, so ensure they are clear enough.

These pictures are used so that the girls will recognize you.

Please note that some campuses will require you to submit photos to the College Panhellenic upon registration for recruitment. These photos are generally distributed to the individual sororities on campus.

\*National Panhellenic does not require the submission of photos with recruitment information.

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**COUNTDOWN TO RECRUITMENT**

\_\_\_\_\_ 1. Visit [Longview Area Alumnae Panhellenic website](http://www.longviewpanhellenic.org/panhellenicpacket.html) and download the "Panhellenic Packet".

\_\_\_\_\_ 2. Register with the Panhellenic office at the college/university you will attend by the campus deadline. Send pictures/information as requested.

\_\_\_\_\_ 3. Fill out Panhellenic Information Form. You MUST use the form – do not make your own.

\_\_\_\_\_ 4. Gather requested photos, resume, transcripts, and any letters of support.

\_\_\_\_\_ 5. Scan all items electronically.

\_\_\_\_\_ 6. Upload and email packet and all items to Jennifer Harris at [jnanharris@gmail.com](mailto:jnanharris@gmail.com) by April 20, 2024

This is the deadline to turn in completed forms.

\*Please note that National Panhellenic does not require photos to be submitted.

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LONGVIEW PANHELLENIC INFORMATION FORM

DATE  COLLEGE PLANNING TO ATTEND

CHECK ONE:  FR.  SOPH.  JR.  SR.

NAME  DATE OF BIRTH

(First, Middle, Last –indicate preferred or nickname in parenthesis)

SOCIAL MEDIA PROFILE:

(Instagram, Facebook, Twitter, LinkedIn, Other)

HOME ADDRESS  E-MAIL

CITY  STATE  ZIP

HOME PHONE  CELL PHONE

FATHER’S NAME AND EMAIL:

(include Greek affiliation and university)

MOTHER’S NAME AND EMAIL:

(include Greek affiliation, university, and maiden name)

NAMES OF BROTHERS & SISTERS

SORORITY AFFILIATION OF OTHER FEMALE RELATIVES:

RELATIONSHIP NAME (include maiden) SORORITY SCHOOL

NAME OF HIGH SCHOOL  GRADUATION DATE

SCHOLASTIC AVERAGE  weighted  unweighted

CLASS RANK:  out of  ACT/SAT SCORE:

(if applicable)

MAJOR

COLLEGE TRANSFER ONLY: COLLEGE ATTENDED

GPA

HONORS AND ACTIVITIES IN COLLEGE:

HIGH SCHOOL ACTIVITIES:

FRESHMAN:

SOPHOMORE:

JUNIOR:

SENIOR:

HIGH SCHOOL HONORS AND SPECIAL RECOGNITION:

FRESHMAN:

SOPHOMORE:

JUNIOR:

SENIOR:

HIGH SCHOOL SCHOLARSHIPS RECEIVED:

# COMMUNITY HONORS AND ACTIVITIES

INTERESTS AND HOBBIES (TALKING POINTS):

*If providing a* ***Letter of Support*** *(a personal letter written by sorority alumna(e) on your behalf), please include it with this packet.*

By signing this form, I agree to release this information to the Longview Area Alumnae Panhellenic for distribution to the National Panhellenic Sorority Alumnae Members represented. I understand that this does not register me for sorority recruitment at my university, and I must register with the University Panhellenic at the school I plan to attend in order to participate.

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Candidate Date

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Signature of Parent/Guardian (if candidate is under 18) Date

**FOR RECRUITMENT OR PANHELLENIC INFORMATION**

**Mary Darby**

**903-452-3332**